



Medical Student Academic Resource List

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Student Notes

- Fogel's Notes: https://drive.google.com/drive/folders/1qzZQy6s_4Dp0Z8xWdqKqp9qLJ7qMx3-m?usp=sharing
- Rob's Notes: https://drive.google.com/open?id=10bA8G0x0cjXXNq_k8eRt4suWwS-sV_ZB
- Sophie's Anki Flashcards Website (Set-Up, Decks (Password: **uoasoc**), FAQs, Corrections & Updates): <https://slamo028.wixsite.com/sophiesflashcards>
- Tony's Notes: <https://drive.google.com/drive/folders/1qGnc3r3OD5HrfkLCkVg7aj7i9L2LjnvM?usp=sharing>

Anatomy Resources

- AnatomyZone: <https://www.youtube.com/user/TheAnatomyZone>
- e-Anatomy: <https://www.imaios.com/en/e-Anatomy>
- uOttawa Anatomy Resource List: <http://uottawa.libguides.com/anatomy>
- uOttawa Virtual Anatomy: <https://curriculum.med.uottawa.ca/Anatomy/>

Cardiology Resources

- CV Pharmacology: <https://www.cvpharmacology.com/>
- CV Physiology: <http://www.cvphysiology.com/>
- ECG Reading
 - ECG Wave-Maven: <https://ecg.bidmc.harvard.edu/maven/mavenmain.asp>
 - ECG Weekly: <https://ecgweekly.com/>
 - Geeky Medics ECG Reading: <https://geekymedics.com/how-to-read-an-ecg/>
 - McGill ECG Basics: <https://www.medicine.mcgill.ca/physio/vlab/cardio/ECGbasics.htm>
 - Monitor Tech Rhythm Strip Practice: <https://monitortech.org/rhythm-strip-practice.html>
 - Teaching Medicine ECG Practice: <https://www.teachingmedicine.com/>
- Teaching Heart Auscultation: <https://teachingheartauscultation.com/>

Clinical Calculators and e-Tools

- Calculate by QxMD: <https://qxmd.com/calculate/>
- iMedicalApps: <https://www.imedicalapps.com/>

- MD CALC: <https://www.mdcalc.com/#all>
- Ottawa Medical Apps List:
<http://uottawa.libguides.com/c.php?g=265332&p=1770398>

Clinical Guidelines

- Canadian Pediatric Society Position Statements:
<https://www.cps.ca/en/documents>
- Canadian Task Force on Preventive Health Care::<https://canadiantaskforce.ca/>
- Choosing Wisely: <https://choosingwiselycanada.org/>
- Diabetes: <http://guidelines.diabetes.ca/>
- Joule by CMA: <https://joulecma.ca/cpg/homepage>
- Mood & Anxiety Guidelines: <http://canmat.org/>
- Obesity: <https://obesitycanada.ca/>
- Royal College Bioethics Guidelines:
<http://www.royalcollege.ca/rcsite/bioethics/cases/section-1-medical-decision-making-e>
- Thrombosis: <https://thrombosiscanada.ca/about-us/>
- Thyroid: <https://www.thyroid.org/professionals/ata-professional-guidelines/practice-guidelines-pocketcards/>

Clinical History/ Exam Resources

- Geeky medics:
 - Youtube: https://www.youtube.com/channel/UckjnrEHQ8bQQmlfNdAQC_5w
 - Website: <https://geekymedics.com/>
- iDAC Physical Exam Videos: <https://www.youtube.com/playlist?list=PLwKo-MRJxp6mrck18Mna-wf8ecgCC1KWw>
- OnExam: <http://m.onexam.ca/content/index.html>
- UCSD Guide to Clinical Medicine:
<https://meded.ucsd.edu/clinicalmed/introduction.htm>
- U of T Clinical Skills: <http://clinicalskillstoronto.com/>
- U of Washington Clinical Skills:
<https://depts.washington.edu/physdx/skillmodules.html>

Clinical Knowledge Search Aids

- Elsevier Clinical Key: <https://www.clinicalkey.com/#/>
- MedScape Medical Students: <https://www.medscape.com/medicalstudents>

- uOttawa Library Medicine Databases: <http://uottawa.libguides.com/medicine>
- UpToDate: <://www.uptodate.com/contents/search>

Educational Resources

- Amboss: <https://www.amboss.com/us>
- Anki Guide: <https://drive.google.com/open?id=1ND4zLGpHuP4IDm0dj7zOPAE1x1x893v->
- Armando Hasudungan: <https://www.youtube.com/user/armandohasudungan>
- Dirty USMLE: <https://www.youtube.com/channel/UCZaDAUF7UEcRXIFvGZu3O9Q>
- McMaster Pathophysiology: <http://www.pathophys.org/>
- McMaster Textbook of Internal Medicine: <https://empendium.com/mcmtextbook/>
- Medbullets:
 - preclerkship: <https://step1.medbullets.com/>
 - Clerkship: <https://step2.medbullets.com/>
- MedComic: <https://medcomic.com/>
- MedNotable: <http://mednotable.com/>
- MedSKL: <https://medskl.com/>
- OnlineMedEd: <https://onlinemeded.org/?track=2>
- Osmosis: <https://www.osmosis.org/>
- Sketchy: <https://sketchymedical.com/>
- Toronto Notes: <https://torontonotes.ca/>
- Utah Pathology: <https://webpath.med.utah.edu/EXAM/MULTORG/examidx.htm>
- UWorld: <https://uworld.com/>

Emergency Medicine

- CanadiEM: <https://canadiem.org/?fbclid=IwAR2eaAxbUB3fGjPvY1rcu8T8GgIPIsChS-4judSL3aFbzFkDPhmv1n51zMw>
- Core EM: <https://coreem.net/>
- EM: Rap: <https://www.emrap.org/>
- EM Clerkship Guide: <http://emclerkship.com/the-em-clerkship-guide/>
- Emergency Medicine Cases: <https://emergencymedicinecases.com/>
- EM in 5 min: <https://emin5.com/>
- Life in the Fast Lane: <https://lifeinthefastlane.com/>
- Ottawa Clerkship Guide to Emergency Medicine: https://emottawablog.com/sdm_downloads/ottawas-clerkship-guide-emergency-medicine/

- TREKK Pediatric Emergency Medicine: <https://trekk.ca/>

Ear Nose and Throat (ENT) Resources

- ENT Clinical Exam: <https://www.entnet.org/content/ent-exam>
- LearnENT: <http://learnent.ca/>
- Michael Bartellas ENT Student Guide: <http://michaelbartellas.com/wp-content/uploads/2019/05/Michael-Bartellas-OHNS-Final-Year-Medical-Student-Guide.pdf>

Family Medicine

- LearnFM: <https://sites.google.com/site/sharcfm/sharc-fm-list-1>

Gastroenterology

- Bilirubin/Jaundice: <https://litfl.com/bilirubin-and-jaundice/>
- BiliTool: <http://bilitool.org/>
- Hep B video: <https://www.youtube.com/watch?v=21eVTf0otUw>
- How to Gastro:
<https://www.youtube.com/channel/UCqrLMFGFYVZlvsoM3JmWQsg>
- Peritoneum, Mesentery, and Omentum:
<http://www.vivo.colostate.edu/hbooks/pathphys/digestion/basics/peritoneum.html>
- Portal hypertension: <https://www.youtube.com/watch?v=Cox6Z5pqMBo>

LGBTQ+ Health

- LGBTQ Health Resources: <https://www.rainbowhealthontario.ca/>

Medical Presentations

- Calgary Black Book:
https://drive.google.com/file/d/16qvdrzgQP6SUUm3iAqE7Z_QcMJOILvs6/view?usp=sharing

Neurology

- Nervous System: http://www.integratednervoussystem.com/ins_frameset.html
- Neurologic Exam:
<https://neurologicexam.med.utah.edu/adult/html/introduction.html>

- Pediatric Neurologic Exam: https://library.med.utah.edu/pedineurologicexam/html/home_exam.html
- UBC Neuroanatomy: http://www.neuroanatomy.ca/index.html?fbclid=IwAR2b6_07nPBHrQrcmJvhrF3utpeJrFPRHsG3kHxaSRZ99veLRCsLkVnQnw

Ophthalmology

- Canadian Ophthalmological Society: <http://www.cos-sco.ca/>
- Tim Root Ophthalmology Website: <https://timroot.com/opthobook/?fbclid=IwAR0dXBzTiHIfQzuOPwk2-vBgeR1QilWYe1H1sEI2wEh2SbKjbTyRRHamO-c>
- Tim Root Ophthalmology Youtube Education Resources: <https://www.youtube.com/user/eyevideofan/featured>

Pediatrics

- AAP Bright Futures: <https://brightfutures.aap.org/Pages/default.aspx>
- Caring for Kids: <https://www.caringforkids.cps.ca/>
- CARMs Advice for Clerks: <https://drive.google.com/a/uottawa.ca/file/d/1O0ArzS2m4CLy8qbvdDcm1m-3jPhjGHpl/view?usp=drivesdk>
- Newborn Exam: <http://learn.pediatrics.ubc.ca/videos/newborn-exam/>
- Paediatric Undergraduate Program Directors of Canada: <https://www.pupdoc.ca/en/>
- Peds Cases: <https://www.pedscases.com/>
- Rourke Baby Record (well-baby and well-child visits charts for infants and children from 1 week to 5 years of age): <http://www.rourkebabyrecord.ca/downloads>

Pharmacology

- Deprescribing: <https://deprescribing.org/>
- Drug Nomenclature: <https://druginfo.nlm.nih.gov/m.drugportal/jsp/drugportal/m DrugNameGenericSte ms.jsp>
- Iodine Drug Info: <https://www.iodine.com/>
- Pharm450: <https://www.youtube.com/channel/UCrvrbOE6fQbogla-BNbDdkA>

Public Health

- Ottawa Public Health: <https://www.ottawapublichealth.ca/en/index.aspx>
- Vaccines:
 - Canadian Immunization Guide: <https://www.canada.ca/en/public-health/services/canadian-immunization-guide.html>
 - OMA Vaccine Resource #1: <https://www.oma.org/sections/managing-your-practice/patient-care/vaccination-facts/>
 - OMA Vaccine Resource #2: <https://www.oma.org/wp-content/uploads/private/OMA-Vaccine-Facts-1.pdf>
 - Ontario Routine Immunization Schedule
http://www.health.gov.on.ca/en/public/programs/immunization/static/immunization_tool.html

Radiology

- Chest Xray Guide: <https://unofficialguidetomedicine.com/wp-content/uploads/2017/01/UGRad-Chest-PREVIEW.pdf>
- Chest Xray Video: https://www.youtube.com/watch?v=SC-NggHZ_ZQ
- Info-Radiologie: <http://info-radiologie.ch/>
- Radiology Assistant:
<http://www.radiologyassistant.nl/en/p42023a885587e/welcome-to-the-radiology-assistant.html>
- Radiology Masterclass: <https://www.radiologymasterclass.co.uk/>
- Radiopaedia: <https://radiopaedia.org/>

Refugee/ New Immigrant Health

- Canadian Collaboration for Immigrant and Refugee Health: <http://ccirhken.ca/>
- Preventative care checklist for new immigrants/ refugees:
http://www.ccirhken.ca/ccirh/checklist_website/index.html

Sexual Health

- Sex and U Sexual Health Resources: <https://www.sexandu.ca/>

Social Accountability

- Social Medicine Network: <https://ottawasocialmedicine.ca/en/>

- UGME Social Accountability:
<https://med.uottawa.ca/undergraduate/education/social-accountability?fbclid=IwAR3n16jxtEkRAAu3WguPdF4hUgY0F7pnIxKbM07ID0MP8rckGLWuSlkanho>

Surgery

- Ottawa Clerkship Surgery Portal: <https://www.surgicaleducationportal.com/>
- Surgery 101: <https://surgery101.org/>
- Suture Skills: <https://sim-vivo.com/simsuture.html>
- Teach me surgery: <https://teachmesurgery.com/>

USA Residency Matching

- uOttawa Student Made USA Matching Resource:
<https://drive.google.com/open?id=1F0mQd5bBq-6a64EtSMliFFSdY8wbFD3zGHKIXYcPeN8>

Women's Health

- ACOG Routine Tests During Pregnancy:
<https://www.acog.org/Patients/FAQs/Routine-Tests-During-Pregnancy>
- MotherToBaby: <https://mothertobaby.org/fact-sheets-parent/>